

Winter Menu 2020/21 week 1	Save The Planet Monday	Tuesday	Wednesday	Thursday	Friday
First Choice	Planet Pizza	Vegetable Biryani (V)	Honey Roast Chicken & Gravy	Butternut Squash, Carrot & Chick Pea Tagine (VG)	MSC Golden Crumb Fish Fingers served with Lemon Twist
Second Choice	Planet Pizza (VG)	Homemade Chicken & Sweetcorn Pie with Gravy	Tomato & Basil Pasta (VG)	Lasagne	Homemade Cheese & Broccoli Quiche (V)
Third Choice	Emmanuel School's Favourite Smoky Cheese & Cherry Tomato Pasta (VG)	Jacket Potato with Various Fillings (VG)	MSC Lemon Crumb Salmon Fillet	Jacket Potato with Various Fillings (VG)	Deep Fried Homemade Battered Fish Fillet with a lemon wedge
Sides	Garlic Bread	Parlsey Steamed Potatoes	Crispy Rosemary Roast Potatoes	50/50 Mixed Rice	Oven Baked Chips
Vegetables	Sweetcorn Minted Garden Peas	Mixed Vegetables Fresh Seasonal Organic Carrots	Fresh Seasonal Broccoli Fresh Seasonal Cauliflower	Sweetcorn Green Beans	Baked Beans Minted Garden Peas
Salads	Unlimited Salad Bar Selection	Unlimited Salad Bar Selection	Unlimited Salad Bar Selection	Unlimited Salad Bar Selection	Unlimited Salad Bar Selection
Desserts	Peaches & Custard	Cheese & Crackers with Fresh Apple Slice	Chocolate Cracknel with Chocolate Sauce	Fresh Fruit & Ice Cream	Rice Pudding with a Fruit Compote
DAILY	Organic Fruit Yogurt with Seasonal Fresh Fruit	Organic Fruit Yogurt with Seasonal Fresh Fruit	Organic Fruit Yogurt with Seasonal Fresh Fruit	Organic Fruit Yogurt with Seasonal Fresh Fruit	Organic Fruit Yogurt with Seasonal Fresh Fruit
DAILY	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit
Bread	Homemade Bread	Homemade Bread	Homemade Bread	Homemade Bread	Homemade Bread

